Established 2014

## **Our Safety Foundation**

- Basic Life-Saving Rules
- Expected Safe Work Practices



Understanding our daily actions are firmly grounded in our rules, and guided by our expected safe work practices, for which therefore, sets the foundation of our safety culture.



In collaboration with Minnesota Rural Electric Association

Established 2014

# Our Basic Life Saving Rules





This document addresses questions regarding a new approach to establishing safety rules for cooperatives and associated partners. For specific questions, please feel free to contact a member of the MREA Safety and Loss Control Steering Committee, or to contact Lidia Jacobson, Director of Safety and Loss Control at 218-639-5369 or Lidia@mrea.org.

#### What's wrong with the current safety manual?

- It hasn't been officially updated since 2001.
- Some statements in the manual are too general, in nature.
- Asking an employee to "sign off" on 79 pages of rules is overwhelming for the employee.
- We also ask employees to sign off on rules they don't know an office employee signing the manual that includes pole top rescue actions?!
- Can we truly say we hold our employees accountable to ALL of the statements? And, if we don't, then are we sending the message that it is "OK" to NOT follow all of the rules.
- It makes it difficult to enforce the rules and/or apply discipline, as well.
   For example Ladders shall be visually inspected before each use. So, what do you do if you see an employee grab a ladder and climb on it without inspecting it? Do they get a letter in their file? Probably not. So, why would another employee receive a letter in their file if they violated a different rule?

#### What can we do?

- Establish a set of basic life-saving rules that are critical to safe practices. This set will carry the "true" weight of a "rule." Employees will abide by these rules and risk consequences for infractions.
- Move the rest of the current rules into a new format called Expected Safe Work Practices. Hold employees accountable by expecting them to perform their job according to these practices. Yet, also acknowledge that some jobs may require a deviation from the practice. We will allow employees to deviate from the expected safe work practice through a *conscious and calculated evaluation of the risk* associated with the deviation.

#### I'm not sure if I get it?

Here is an example we can all relate to - our state driving laws. So, to explain this better, let's take a look at how we follow our state driving rules.

- Did you go 55 mph today when driving to work? Or, did you go 57, 59, etc.? Most likely, a large percentage of us did not drive exactly 55 mph.
- So, then, let's ask this question. Did you blow through any stop signs today? Most likely, NOT ONE of us did that! In fact, we would not ever think of just driving through all the stops signs on our way to work.

So, why do we feel we can "break" the speed limit rule, but we wouldn't ever think about breaking the stop sign rule?

#### Let's go back to our rules

Most likely employees are following the majority of the rules all the time.

- Yet, we know there are some rules where employees have determined they don't need to be followed 100% of the time these are your speed zone signs.
- We also know there are rules that are inherent to the basic safety actions and no employee would EVER think to violate one of those these are your stop signs.

So, you see you most likely already have this structure in place – rules the employees follow all the time and rules where deviations naturally occur – your stop signs and your speed zones – your rules and your work practices.

#### So, how do implement this new approach?

For the RULES

- Establish your own set of basic life-saving rules using the list that has been generated, adding or deleting to it. The point will be to place emphasize on those rules you feel are critical, important and/or life-saving.
- Adopt them with a "phase-in" period, say 3-6 months, so employees can learn to embrace and follow these rules.
- At the end of the phase-in period, have employees sign an acknowledgement sheet.

#### For the EXPECTED SAFE WORK PRACTICES

- Obtain a master set of current safe work practices from MREA and over the course of 6 months, have groups, committees, individuals, etc. review them one at a time.
- For example, one safe work practice could be reviewed each Monday and discussed.
- Track the ones reviewed by recording on a log and/or changing the date on the reviewed document.



## **Basic Life-Saving Rules**

#### **Cooperative:**

- LSR-01 A job or task shall not be conducted unless the employee has been trained, or has the skills and experience, to safely perform.
- LSR-02 Prior to the start of a job, or if conditions change, a job briefing will be conducted by the person in charge; this job briefing will be documented.
- LSR-03 Personal protective equipment (PPE) is vital to safety; if an injury occurs as a result of failure to wear the proper PPE, this action will be considered an unsafe act.
- LSR-04 An employee shall wear the appropriate and designated clothing systems and Personal Protective Equipment (PPE) based on the calculated Hazard Risk Categories for arc flash protection.
- LSR-05 An employee shall not operate damaged, broken or defective equipment, tools and/or vehicles (if the vehicle has been deemed unworthy of road travel).
- LSR-06 An employee shall use tools and equipment only for the purpose to which it was designed; an employee shall not modify a tool or piece of equipment from the original design without proper approval from the manufacturer.
- LSR-07 Manufacturer's safety interlocks shall not be tampered with or altered in any way that renders the safety function inoperable.
- LSR-08 An employee shall not operate a vehicle or equipment or tool without proper authority and with the proper knowledge, experience or training.
- LSR-09 Every employee is required to conduct a walk-around inspection of the vehicle prior to operation.
- LSR-10 When backing up a vehicle, and two or more employees are present in the vehicle, one person will be designated the spotter and carryout the expected duties.
- LSR-11 An employee shall not use a cell phone while operating any vehicle unless a hands free/call talk system is available and used.
- LSR-12 No employee shall use a cell phone while performing hot work.
- LSR-13 All electrical equipment shall be considered energized at full line potential unless isolated, tested for potential and grounded. Failure to test for potential will be considered an unsafe act.
- LSR-14 A qualified employee shall maintain positive control of energized lines while the lines are being moved.

## **Basic Life-Saving Rules**

MREA

LSR-15	Before lifting a bucket out of its stowed position, the employee occupying the bucke
	shall be responsible for ensuring all tasks required to place an aerial device in operating position have been completed.
LSR-16	No employee shall occupy an aerial device while the vehicle is in motion unless the bucket is stowed and slowly traveling a short distance.
LSR-17	No employee shall ride on the tines of a forklift unless the person is in an approved l
LSR-18	An employee shall conduct a visual inspection of trenches and excavations for signs of possible cave-ins, failure of protective systems, or other hazardous conditions.
LSR-19	No employee shall stand beneath suspended loads.
LSR-20	An employee shall not use controlled substances and/or alcohol while on duty, shall not report for duty while under the influence of controlled substances and/or alcoho and shall not be relieved by another employee known to be under the influence of controlled substances and/or alcohol.
LSR-21	An employee shall report injuries, near-misses, property damage and/or vehicle accidents, without delay and as soon as practical to their supervisor.
LSR-22	An employee who promptly reports a near-miss, including those in which a violation the Life-Saving Rules occurred, will not receive any disciplinary action as long as the employee did not willfully disregard the Life-Saving Rules.
LSR-23	The wearing of electrical rubber gloves is a primary form of protection from electrici Rubber gloves shall be worn when working on lines or equipment that are normally energized at 50 volts or more. Exceptions may be obtained only after making such request to person in charge prior to any action.
LSR-24	The willful condoning the violation of any of the Life-Saving Rules will, in itself, be a rule violation.
	We acknowledge the foundation of our safety culture is grounded firmly in our rules and guided by our expected safe work practices.
prepared by represent its cooperative,	ent is a collaboration between Minnesota Rural Electric Association (MREA) and our cooperative. This document has b Minnesota Rural Electric Association to assist the cooperative in developing their safety practices. MREA does not elf as having expertise with regard to the matters discussed herein, and furnish this document solely for use by the as one resource among many to be chosen when working with employees for safety practices. The information contai intended to be complete in all aspects but is intended to be a guide for the development of your specific safety practices
	nsible for the development of this document cannot and do not assume any responsibility or liability for any compliance ole legal requirements regarding the development of your safety practices and procedures or the safety and training of aployees and expressly disclaims any such responsibility and liability.

### Supporting Information For Basic Life Saving Rules and Expected Safe Work Practices



- Table A PPE for Non-Lineman
- Table B Opening URD Enclosures
- Table C Reporting Danger

Table D – Minimum Approach Distance (From OSHA standards)

Figure 1 – Maintaining Minimum Approach Distance (From OSHA standards)

#### Table A – PPE for Non-Lineman

#### Legend: Yes – indicates the item is required and must be worn when working in the area. Risk – indicates the item must be worn when the potential for injury exists, such as using an overhead crane or working with the grinder.

	Working in	Hard hat	Safety Glasses	Face Shield	Safety- toed	Sturdy Work	FR Shirt & FR Pants	FR Shirt & FR Pants	HiVis Vest (arc	HiVis Vest
	this area then wear —	$\rightarrow$			Boot	Boot	(4 cal min)	(8 cal min)	rated)	
¥ ₽	Pole yard	Yes	Yes		Yes					
S	Staking worksite	Risk	Risk		Risk					
F	ROW	Risk	Risk		Risk	Yes				Yes
	Construction Zone	Yes	Yes		Yes					Yes
S	Inside Substation (construction)	Yes	Yes		Yes			Yes		Yes
	Inside Substation	Yes	Yes		Risk	Yes		Yes		
	Meter Install or Removal	Yes	Yes	Risk		Risk		Yes	Yes	
A	Auto Shop	Risk	Risk	Risk	Yes					
	Auto Shop (Visitors)		Risk	Risk						

#### Table B – Opening URD Enclosures

When conducting this activity and these conditions exist	Removing Lock	Removing Penta Bolt (attached cover)	Removing Penta Bolt (detached cover)	Opening Enclosure
Visual inspection indicates no damage			rubber gloves required	rubber gloves required
Visual inspection DOES indicate damage			rubber gloves required	rubber gloves required
No power problems reported	rubber gloves required	rubber gloves required	rubber gloves required	rubber gloves required
YES power problems reported or indicated	rubber gloves required	rubber gloves required	rubber gloves required	rubber gloves required

Legend: Yes – indicates the item is required and must be worn.

#### Table C – Reporting Danger

	Co-op's	System	Membe	r's System
	Immediate Danger to Life or Property	Potential Hazard or Code Violation	Immediate Danger to Life or Property	Potential Hazard or Code Violation
Any Co-op Employee	<ul> <li>Secure area</li> <li>Contact Dispatch</li> <li>Remain on scene til relieved or scene is safe</li> </ul>	<ul> <li>Report the hazard or code violation to their service coordinator</li> </ul>	<ul> <li>Secure area</li> <li>Contact the member</li> <li>Contact Dispatch</li> <li>Remain on scene til relieved or scene is safe</li> </ul>	<ul> <li>Report the hazard or code violation to their service coordinator</li> </ul>
Co-op Contractor or Designee	<ul> <li>Contact Dispatch to report danger</li> <li>If possible, secure the scene</li> <li>Remain on scene til relieved or scene is safe</li> </ul>	<ul> <li>Report the hazard or code violation to the co-op contact</li> <li>The co-op contact will generate a work order or other tracking document.</li> </ul>	<ul> <li>Contact Dispatch to report danger</li> <li>If possible, secure the scene</li> <li>Remain on scene til relieved or scene is safe</li> </ul>	<ul> <li>Report the hazard or code violation to the co-op contact</li> <li>The co-op contact will generate report.</li> </ul>
Dispatch/System Control	<ul> <li>Contact appropriate personnel to correct the situation.</li> <li>Create work order or other tracking document</li> <li>Assign a followup task to the Service Coordinator.</li> </ul>		<ul> <li>Contact appropriate personnel to correct the situation.</li> <li>Create a work order or other tracking document</li> <li>Assign a followup task to the Service Coordinator.</li> </ul>	
Service Coordinator	<ul> <li>Complete the service order.</li> </ul>	<ul> <li>Create work order or other tracking document.</li> <li>Assign task to the approp supervisor.</li> </ul>	• Complete the service order.	<ul> <li>Create work order or other tracking document.</li> <li>Assign task to the approp supervisor.</li> </ul>

#### Table D – Minimum Approach Distance

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F. Disabling automatic reclosing. There are two reasons to disable the automaticreclosing feature of circuit-interrupting devices while employees are performing liveline work:

· To prevent reenergization of a circuit faulted during the work, which could create a hazard or result in more serious injuries or

damage than the injuries or damage produced by the original fault;

· To prevent any transient overvoltage caused by the switching surge that would result if the circuit were reenergized.

However, due to system stability considerations, it may not always be feasible to disable the automatic-reclosing feature.

V. Minimum Approach-Distance Tables

A. Legacy tables. Employers may use the minimum approach distances in Table 6 through Table 13 until March 31, 2015.

TABLE 6—MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2
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Voltage range phase to phase	Phase-to-ground	d exposure	Phase-to-phase exposure	
(KV)	m	ft	m	ft
0.05 to 1.0	Avoid Contact		Avoid Contact	
1.1 to 15.0	2.10	0.64	2.20	0.66
15.1 to 36.0	2.30	0.72	2.60	0.77
36.1 to 46.0	2.60	0.77	2.80	0.85
46.1 to 72.5	3.00	0.90	3.50	1.05
72.6 to 121	3.20	0.95	4.30	1.29
138 to 145	3.60	1.09	4.90	1.50
161 to 169	4.00	1.22	5.70	1.71
230 to 242	5.30	1.59	7.50	2.27
345 to 362	8.50	2.59	12.50	3.80
500 to 550	11.30	3.42	18.10	5.50
765 to 800	14.90	4.53	26.00	7.91

Note: The clear live-line tool distance must equal or exceed the values for the indicated voltage ranges.

#### TABLE 7-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-72.6 TO 121.0 KV WITH OVERVOLTAGE FACTOR

T (m + c)	Phase-to-grou	ind exposure	Phase-to-phase exposure	
Т (р.и.)	m	ft	m	ft
2.0	0.74	2.42	1.09	3.58
2.1	0.76	2.50	1.09	3.58
2.2	0.79	2.58	1.12	3.67
2.3	0.81	2.67	1.14	3.75
2.4	0.84	2.75	1.17	3.83
2.5	0.84	2.75	1.19	3.92
2.6	0.86	2.83	1.22	4.00
2.7	0.89	2.92	1.24	4.08
2.8	0.91	3.00	1.24	4.08
2.9	0.94	3.08	1.27	4.17
3.0	0.97	3.17	1.30	4.25

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

#### TABLE 8-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-121.1 TO 145.0 KV WITH OVERVOLTAGE FACTOR

	<b>T</b> (= 33)	Phase-to-groun	nd exposure	Phase-to-phase exposure	
	Т (р.и.)	m	ft	m	ft
2.0		0.84	2.75	1.24	4.08
2.1		0.86	2.83	1.27	4.17
2.2		0.89	2.92	1.30	4.25
2.3		0.91	3.00	1.32	4.33
2.4		0.94	3.08	1.35	4.42
2.5		0.97	3.17	1.37	4.50
2.6		0.99	3.25	1.40	4.58
2.7		1.02	3.33	1.42	4.67
2.8		1.04	3.42	1.45	4.75
2.9		1.07	3.50	1.47	4.83
3.0		1.09	3.58	1.50	4.92

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

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#### TABLE 9-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-145.1 TO 169.0 KV WITH OVERVOLTAGE FACTOR

	Phase-to-grour	nd exposure	Phase-to-phase exposure	
1 (p.u.)	m	ft	m	ft
2.0	0.91	3.00	1.42	4.67
2.1	0.97	3.17	1.45	4.75
2.2	0.99	3.25	1.47	4.83
2.3	1.02	3.33	1.50	4.92
2.4	1.04	3.42	1.52	5.00
2.5	1.07	3.50	1.57	5.17
2.6	1.12	3.67	1.60	5.25
2.7	1.14	3.75	1.63	5.33
2.8	1.17	3.83	1.65	5.42
2.9	1.19	3.92	1.68	5.50
3.0	1.22	4.00	1.73	5.67

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

TABLE 10-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-169.1 TO 242.0 KV WITH OVERVOLTAGE FACTOR

T ()	Phase-to-grour	nd exposure	Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
2.0	1.17	3.83	1.85	6.08
2.1	1.22	4.00	1.91	6.25
2.2	1.24	4.08	1.93	6.33
2.3	1.30	4.25	1.98	6.50
2.4	1.35	4.42	2.01	6.58
2.5	1.37	4.50	2.06	6.75
2.6	1.42	4.67	2.11	6.92
2.7	1.47	4.83	2.13	7.00
28	1.50	4.92	2.18	7.17
2.9	1.55	5.08	2.24	7.33
3.0	1.60	5.25	2.29	7.50

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

TABLE 11-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-242.1 TO 362.0 KV WITH OVERVOLTAGE FACTOR

	T(r))	Phase-to-grou	und exposure	Phase-to-phase exposure	
	T (p.u.)	m	ft	m	ft
2.0		1.60	5.25	2.62	8.58
2.1		1.65	5.42	2.69	8.83
2.2		1.75	5.75	2.79	9.17
2.3		1.85	6.08	2.90	9.50
2.4		1.93	6.33	3.02	9,92
2.5		2.03	6.67	3.15	10.33
2.6		2.16	7.08	3.28	10.75
2.7		2.26	7.42	3.40	11.17
2.8		2.36	7.75	3.53	11.58
2.9		2.49	8.17	3.68	12.08
3.0		2.59	8.50	3.81	12.50

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

#### TABLE 12-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-362.1 TO 552.0 KV WITH OVERVOLTAGE FACTOR

<b>T</b> ()	Phase-to-ground	exposure	Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
1.5	1.83	6.00	2.24	7.3
1.6	1.98	6.50	2.67	8.7
.7	2.13	7.00	3.10	10.1
1.8	2.31	7.58	3.53	11.5
1.9	2.46	8.08	4.01	13.17
2.0	2.67	8.75	4.52	14.83

#### TABLE 12-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-362.1 TO 552.0 KV WITH OVERVOLTAGE FACTOR—Continued

	Phase-to-ground exposure		Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
2.1 2.2 2.3 2.4	2.84 3.02 3.20 3.43	9.33 9.92 10.50 11.25	4.75 4.98 5.23 5.51	15.58 16.33 17.17 18.08

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

TABLE 13-MINIMUM APPROACH DISTANCES UNTIL MARCH 31, 2015-552.1 TO 800.0 KV WITH OVERVOLTAGE FACTOR

Tion	Phase-to-ground exposure		Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
1.5 1.6 1.7 1.7 1.8 1.9 2.0	2.95 3.25 3.56 3.86 4.19 4.55	9.67 10.67 11.67 12.67 13.75 14.92	3.68 4.42 5.23 6.07 6.99 7.92	12.08 14.50 17.17 19.92 22.92 26.00

Note 1: The employer may apply the distance specified in this table only where the employer determines the maximum anticipated per-unit transient overvoltage by engineering analysis. (Table 6 applies otherwise.) Note 2: The distances specified in this table are the air, bare-hand, and live-line tool distances.

B. Alternative minimum approach distances. Employers may use the minimum approach distances in Table 14 through Table 21 provided that the employer follows the notes to those tables.

#### TABLE 14-AC MINIMUM APPROACH DISTANCES-72.6 TO 121.0 KV

Τ (ο)	Phase-to-ground exposure		Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
5	0.67	2.2	0.84	2.
6	0.69	2.3	0.87	2.
7	0.71	2.3	0.90	3.
8	0.74	2.4	0.93	3.
9	0.76	2.5	0.96	3.
0	0.78	2.6	0.99	3.
1	0.81	2.7	1.01	3
2	0.83	2.7	1.04	3
3	0.85	2.8	1.07	3
4	0.88	2.9	1.10	3
5	0.90	3.0	1.13	3
6	0.92	3.0	1.16	3
7	0.95	3.1	1.19	3
8	0.97	3.2	1.22	4
9	0.99	3.2	1.24	4
0	1.02	3.3	1.27	4
1	1.04	3.4	1.30	4
2	1.06	3.5	1.33	4
3	1.09	3.6	1.36	4
4	1 11	3.6	1.39	4
5	1.13	3.7	1.42	4

#### TABLE 15-AC MINIMUM APPROACH DISTANCES-121.1 TO 145.0 KV

T (nu)	Phase-to-ground exposure		Phase-to-phase exposure	
Т (р.u.)	m	ft	m	ft
1.5 1.6 1.7	0.74 0.76 0.79	2.4 2.5 2.6	0.95 0.98 1.02	3.1 3.2 3.3

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<b>T</b> ()	Phase-to-ground exposure		Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
8	0.82	2.7	1.05	3.
9	0.85	2.8	1.08	3.
0	0.88	2.9	1.12	3.
1	0.90	3.0	1.15	3.
2	0.93	3.1	1.19	3
3	0.96	3.1	1.22	4
4	0.99	3.2	1.26	4
5	1.02	3.3	1.29	4
6	1.04	3.4	1.33	4
7	1.07	3.5	1.36	4
8	1.10	3.6	1.39	4
9	1.13	3.7	1.43	4
0	1.16	3.8	1.46	4
1	1.19	3.9	1.50	4
2	1.21	4.0	1.53	5
3	1.24	4.1	1.57	5
4	1.27	4.2	1.60	5
5	1.30	4.3	1.64	5

#### TABLE 15-AC MINIMUM APPROACH DISTANCES-121.1 TO 145.0 KV-Continued

TABLE 16-AC MINIMUM APPROACH DISTANCES-145.1 TO 169.0 KV

	<b>T</b> (5 - 5)	Phase-to-ground exposure		Phase-to-phase exposure	
	T (p.u.)	m	ft	m	ft
1.5		0.81	2.7	1.05	3.4
1.6		0.84	2.8	1.09	3.6
1.7		0.87	2.9	1.13	3.1
1.8		0.90	3.0	1.17	3.1
.9		0.94	3.1	1.21	4.0
2.0		0.97	3.2	1.25	4.1
.1		1.00	3.3	1.29	4.:
.2		1.03	3.4	1.33	4.
.3		1.07	3.5	1.37	4.
.4		1.10	3.6	1.41	4.
.5		1.13	3.7	1.45	4.1
.6		1.17	3.8	1.49	4.
7		1.20	3.9	1.53	5.0
.8		1.23	4.0	1.57	5.:
.9		1.26	4.1	1.61	5.:
.0		1.30	4.3	1.65	5.4
1		1.33	4.4	1.70	5.
2		1.36	4.5	1.76	5.
.3		1.39	4.6	1.82	6.
4		1.43	4.7	1.88	6.:
5		1.46	4.8	1.94	6.4

#### TABLE 17-AC MINIMUM APPROACH DISTANCES-169.1 TO 242.0 KV

T (pu)		Phase-to-ground exposure		Phase-to-phase exposure	
	T (p.u.)	m ft		m	ft
1.5		1.02	3.3	1.37	4.
.6		1.06	3.5	1.43	4.
.7		1.11	3.6	1.48	4
.8		1.16	3.8	1.54	5
.9		1.21	4.0	1.60	5
.0		1.25	4.1	1.66	5
1		1.30	4.3	1.73	5
2		1.35	4.4	1.81	5
.3		1.39	4.6	1.90	6
4		1.44	4.7	1.99	6
5		1.49	4.9	2.08	6
6		1.53	5.0	2 17	7
7		1.58	5.2	2.26	7
8		1.63	5.3	2.36	7
9		1.67	5.5	2.45	. 8
.0		1.72	5.6	2.55	8

<b>T</b> (7.1.)	Phase-to-ground exposure		Phase-to-phase exposure	
T (p.u.)	m	ft	m	ft
3.1	1.77	5.8	2.65	8.7
3.2	1.81	5.9	2.76	9.1
3.3	1.88	6.2	2.86	9.4
3.4	1.95	6.4	2.97	9.7
3.5	2.01	6.6	3.08	10.1

TABLE 17—AC MINIMUM APPROACH DISTANCES—169.1 TO 242.0 KV—Continued

#### TABLE 18-AC MINIMUM APPROACH DISTANCES-242.1 TO 362.0 KV

	T (DUL)		Phase-to-ground exposure		Phase-to-phase exposure	
	T (p.u.)	m	ft	m	ft	
1.5		1.37	4.5	1.99	6.5	
1.6		1.44	4.7	2.13	7.0	
1.7		1.51	5.0	2.27	7.4	
1.8		1.58	5.2	2.41	7.9	
1.9		1.65	5.4	2.56	8.4	
2.0		1.72	5.6	2.71	8.9	
2.1		1.79	5.9	2.87	9.4	
2.2		1.87	6.1	3.03	9.9	
2.3		1.97	6.5	3.20	10.5	
2.4		2.08	6.8	3.37	11.1	
2.5		2.19	7.2	3.55	11.6	
2.6		2.29	7.5	3.73	12.2	
2.7		2.41	7.9	3.91	12.8	
2.8		2.52	8.3	4.10	13.5	
2.9		2.64	8.7	4.29	14.1	
3.0		2.76	9.1	4.49	14.7	
3.1		2.88	9.4	4.69	15.4	
3.2		3.01	9.9	4.90	16.1	
3.3		3.14	10.3	5.11	16.8	
3.4		3.27	10.7	5.32	17.5	
3.5		3.41	11.2	5.52	18.1	

	T (p.u.)		Phase-to-ground exposure		Phase-to-phase exposure	
	т (р.u.)	m	ft	m	ft	
1.5		1.53	5.0	2.40	7.	
		1.62	5.3	2.58	8.	
.7		1.70	5.6	2.75	9.	
.8		1.78	5.8	2.94	9.	
.9		1.88	6.2	3.13	10.	
0		1.99	6.5	3.33	10.	
.1		2.12	7.0	3.53	11.	
-		2.24	7.3	3.74	12.	
0		2.37	7.8	3.95	13.	
		2.50	8.2	4.17	13.	
-		2.64	8.7	4.40	14	
0		2.78	9.1	4.63	15.	
-		2.93	9.6	4.87	16	
-		3.07	10.1	5.11	16.	
9		3.23	10.6	5.36	17	
0		3.38	11.1	5.59	18.	
.1		3.55	11.6	5.82	19	
0		3.72	12.2	6.07	19	
		3.89	12.8	6.31	20	
		4.07	13.4	6.56	21	
-		4.25	13.9	6.81	22.	

#### TABLE 19-AC MINIMUM APPROACH DISTANCES-362.1 TO 420.0 KV

#### TABLE 20-AC MINIMUM APPROACH DISTANCES-420.1 TO 550.0 KV

	T(nu)	Phase-to-ground exposure		Phase-to-phase exposure	
	T (p.u.)	m	ft	m	ft
1.5		1.95	6.4	3.46	11.4
1.6		2.11	6.9	3.73	12.2
1.7		2.28	7.5	4.02	13.2
1.8		2.45	8.0	4.31	14.1
1.9		2.62	8.6	4.61	15.1
2.0		2.81	9.2	4.92	16.1
01		3.00	9.8	5.25	17.2
2.2		3.20	10.5	5.55	18.2
2.3		3.40	11.2	5.86	19.2
2.4		3.62	11.9	6.18	20.3
2.5		3.84	12.6	6.50	21.3
0.0		4.07	13.4	6.83	22.4
2.7		4.31	14.1	7.18	23.6
00		4.56	15.0	7.52	24.7
20		4.81	15.8	7.88	25.9
20		5.07	16.6	8.24	27.0

#### TABLE 21-AC MINIMUM APPROACH DISTANCES-550.1 TO 800.0 KV

T (p.u.)	Phase-to-ground exposure		Phase-to-phase exposure	
	m	ft	m	ft
1.5	3.16	10.4	5.97	19.6
1.6	3.46	11.4	6.43	21.1
1.7	3.78	12.4	6.92	22.7
1.8	4.12	13.5	7.42	24.3
1.9	4.47	14.7	7.93	26.0
2.0	4.83	15.8	8.47	27.8
21	5.21	17.1	9.02	29.6
2.2	5.61	18.4	9.58	31.4
2.3	6.02	19.8	10.16	33.3
2.4	6.44	21.1	10.76	35.3
2.5	6.88	22.6	11.38	37.3

Notes to Table 14 through Table 21: 1. The employer must determine the maximum anticipated per-unit transient overvoltage, phase-to-ground, through an engineering analysis, as required by § 1910.269(i)(3)(ii), or assume a maximum anticipated per-unit transient overvoltage, phase-to-ground, in accordance with Table R-9. 2. For phase-to-phase exposures, the employer must demonstrate that no insulated tool spans the gap and that no large conductive object is in the gap. 3. The worksite must be at an elevation of 900 meters (3,000 feet) or less above sea level.

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In collaboration with Minnesota Rural Electric Association

## Established 2014

# Our Expected Safe Work Practices



This document has been prepared for our cooperative in collaboration with Minnesota Rural Electric Association.

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#### **Cooperative:**

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EXPECTED SAFE WORK PRACTICES	Date	Notes/Comments
Building Section		
Inspections		
Communication Section		
Cell Phones		
Radio		
Employee Designations Section		
Apprenticeship		
Designations for Employees		Updated 9/8/14
Responsibilities		
Field Activity Section		
Elevated Structures – Working On		
Grounding & Barricading		
Horizontal Directional Drilling		
Job Briefing		
Meters – Installing and Servicing		
Overhead Distribution – Working On		
Poles - Climbing/Working		
<ul> <li>Poles - Handling/Setting</li> </ul>		
Roofs - Accessing		
<ul> <li>Substation - Working In/Inspecting</li> </ul>		
<ul> <li>Switching and Tagging</li> </ul>		
<ul> <li>Tree Trimming and Felling</li> </ul>		
<ul> <li>Trenching and Excavating</li> </ul>		
Underground DistribWorking On		
Field Equipment Section		
Capacitors		
Circuit Breaker		
Regulators		Need to write
Transformers		
"Tree Jib"		Need to write



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EXPECTED SAFE WORK PRACTICES	Date	Notes/Comments
Field Tools & Materials Section		
Cover-Up		
Live-Line Tools		
Protective Grounds - Application		
Field Zones Section		
Arc Flash Zones		Need to verify
Test Areas		
Work Area Protection		
Fit for Duty Section		
Drug & Alcohol		Need to write
Medications		
Return to Work		
Incidents Section		
General Actions for Response		
• Injury		
Near-Miss		
Property Damage		
Vehicle Accident		
Materials of Concern Section		
Asbestos		
Batteries		
Blood and Bodily Fluids (aka Exposure Control Plan)		
Chemicals		
Flammable & Combustible Products		
Leaking Oil Containers		
Lighting (fluorescent)		
Paints and Solvents		
Non-Road Vehicles Section		
All-Terrain Vehicles (ATVs)		
Bombardier		
Forklifts		
Skid-Steer Loader		Need to write

In Collaboration with MREA - Expected Safe Work Practices / Page 2



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EXPECTED SAFE WORK PRACTICES	Date	Notes/Comments
Office Environment Section		
Candles and Other Open Flames		
Ergonomics		
Front Desk Actions		
Laptop Computers		
PPE & Clothing Section		
Arc-Rated Clothing		
Body Protection – Traffic Vests		
Climbing Ensemble		
Ear Protection		
Eyes/Face Protection		
Fall Protection Equipment		Need to write
Foot Protection		
General Clothing		
General PPE Safety		
Hand Protection		
Head Protection		
Respiratory Protection		
Programs and Leadership Section		
AWAIR Program		
Incentives		Need to write
Safety Committee		
Safety Engagement		Need to write
Wellness Committee		
Public Safety Section		
Hazard Recognition		
Treated Poles for Public		
Safety Equipment Section		
Automated External Defibrillators (AEDs)		
Eye Wash and Showers		
Fire Extinguishers		
First Aid Kits		

In Collaboration with MREA - Expected Safe Work Practices / Page 3



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EXPECTED SAFE WORK PRACTICES	Date	Notes/Comments
Security Section		
<ul> <li>Safety in the Building</li> </ul>		Need to write
Safety in the Field		Need to write
Two-man Crews		Need to write
Working Alone		Need to write
Universal Actions Section		
Cold/Heat Stress		
Dog Attacks		
<ul> <li>Lockout-Tagout of Equipment</li> </ul>		
Mechanic's Work Tasks		
<ul> <li>Moving and Lifting Items</li> </ul>		
Welding		
Universal Equipment Section		
Chain Saws		
Compressed Gas Cylinders		
Extension Cords		
Grinders		
Ladders		
<ul> <li>Lifting and Pulling Equipment</li> </ul>		
Portable Gas Containers		
Portable Heaters		
Tools - Hand and Power		
Vehicle Section		
Accident see Incidents		
Aerial Lifts		
Aerial Lifts in Winter		
Backing Up		
Commercial Motor Vehicles		
Driving		
Load Securement		
Trailers		
Vehicle Inspections		





# OUR SAFETY FOUNDATION Basic Life-Saving Rules & Expected Safe Work Practices

#### Established 2014

